

Volunteer Opportunities Through Out North Carolina

1. **HandsOn Northwest North Carolina's Searchable Volunteer Opportunity Database** - HandsOn Northwest NC serves Winston-Salem and Forsyth County by connecting individuals of all backgrounds to volunteer activities. We also encourage nonprofits and potential volunteers from the surrounding counties of Surry, Yadkin, Davie and Davidson to use this site. With this database, **volunteers** can search for local opportunities, and **nonprofits** can post their current needs. It's a key part of how we make it easy to make a difference! <http://www.1-800-volunteer.org/1800Vol/volunteer-connections/vcindex.do>
2. **MANNA FoodBank** is a private, not-for-profit service organization, founded in 1982, that links the food industry with 315 partner agencies in 16 counties of WNC. <http://mannafoodbank.org/>
3. **The Western North Carolina AIDS Project** depends on volunteers to help address the needs of over 300 HIV-positive clients in 11 western counties. Our volunteers make a real and sustainable difference through direct client support, educating the public on HIV prevention, or assisting with our yearly fundraising projects. <http://www.wncap.org/volunteer/>

Eastern NC

1. **Ronald McDonald House of Greenville**-The Ronald McDonald House of Eastern North Carolina provides a temporary home away from home for families of seriously ill or injured children receiving treatment from area medical facilities. <http://rmhc.org/how-you-can-help/volunteer/>
2. **Volunteer Opportunities in and around the Craven County Area**: Data Base listing volunteer opportunities in and around Craven County. <http://www.new-bern.nc.us/Volunteers/>
3. **North Carolina Aquariums**: <http://www.ncaquariums.com/fort-fisher/volunteer>
<http://www.ncaquariums.com/roanoke-island/volunteer>
<http://www.ncaquariums.com/pine-knoll-shores/volunteer>

Central/Piedmont NC

1. **Food Bank of Eastern and Central North Carolina** - the Food Bank of Central & Eastern North Carolina is a non-profit organization that provides food to people at risk of hunger in 34 counties in central and eastern North Carolina. In 2008-09, the Food Bank distributed over 36.8 million pounds of food through 800 partner agencies including soup kitchens, food pantries, shelters, and after school programs for children. <http://content.foodbankcenc.org/getinvolved/volunteer/volunteer.asp>

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2. **SAFEchild** – SAFEchild works with parents, families and caregivers to create nurturing environments for children, free from abuse and neglect. With the ultimate vision of eliminating child abuse in Wake County, SAFEchild delivers support and education to families by helping them break negative parenting patterns, improve communication and relationship skills, and take advantage of community resources.
<http://www.safechildnc.org/>
3. **The United Way of the Greater Triangle** - United Way of the Greater Triangle brings together local partner agencies, nonprofits, government volunteers and experts in Durham, Johnston, Orange and Wake counties to focus on lasting changes to key issues. This is what it means to **LIVE UNITED**. <http://volunteer.united-e-way.org/triangle/volunteer/>
4. **The North Carolina Zoo** - Volunteers and interns are an essential part of the NC Zoo. Their time, skills, knowledge and expertise compliment and add value to the efforts of the organization, helping the Zoo meet its mission and better serve the community.
<http://www.nczoo.org/volunteer/index.html>

State Wide

1. **NC Division on Aging and Adult Services** – Data Base providing volunteer opportunities to benefit older adults in North Carolinians volunteer.
<http://www.dhhs.state.nc.us/aging/vol.htm>
2. **NC Department of Cultural Resources** – Visit the web site to find one of 37 historic sites and museums near you for volunteer opportunities. <http://www.ncdcr.gov/map.asp>
3. **Make-A-Wish Foundation** - Since 1980, the Make-A-Wish Foundation[®] has enriched the lives of children with life-threatening medical conditions through its wish-granting work.
<http://wish.org/>
4. **Habitat for Humanity** - Habitat for Humanity International is a nonprofit, ecumenical Christian organization dedicated to eliminating substandard housing and homelessness worldwide and to making adequate, affordable shelter a matter of conscience and action. This ministry was founded on the conviction that every man, woman and child should have a simple, decent place to live in dignity and safety. <http://www.habitat.org/>
5. **Special Olympics** -With more than 38,000 athletes statewide, Special Olympics North Carolina is truly a grassroots organization that relies on volunteer service to be able to provide year-round sports training and competition As a result volunteer opportunities abound. <http://www.sonc.net/volunteer>
6. **Girl Scouts of the USA** - Girl Scouts of the USA is the world’s preeminent organization dedicated solely to girls—all girls—where, in an accepting and nurturing environment, girls build character and skills for success in the real world. In partnership with committed adult

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volunteers, girls develop qualities that will serve them all their lives, like leadership, strong values, social conscience, and conviction about their own potential and self-worth.

<http://girlscouts.org>

7. **YWCA** - Volunteers play a vital role in helping the YWCA carry out its mission to eliminate racism and empower women. Through a variety of meaningful and worthwhile opportunities, the YWCA volunteers develop leadership skills, meet and exchange ideas with women of diverse backgrounds, and contribute to the betterment of our entire community. <http://www.ywca.org/>
8. **Boy Scouts of America** -The Boy Scouts of America provides a program for young people that builds character, trains them in the responsibilities of participating citizenship, and develops personal fitness. <http://scouting.org/>
9. **YMCA** - The YMCA builds strong kids, strong families, strong communities. At the YMCA, your time and talent go a long way. Every hour you spend as a YMCA volunteer translates into the caring attention a child or teen needs to grow up healthy and resilient. It translates into support for families so they can be successful and strong, into healthier lives for people of all ages, backgrounds, abilities and incomes. Into a safer, more viable community that's a good place to live and work. <http://www.ymca.net/>
10. **Boys and Girls Clubs** - The Boys & Girls Clubs is dedicated to promoting the health, social, educational, vocational, cultural, character and leadership development of youth. The Boys & Girls Clubs mission is to enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens. <http://bgca.org/>
11. **United We Serve** -[Serve.gov](http://serve.gov) is your online resource for not only finding volunteer opportunities in your community, but also creating your own. Use [Serve.gov](http://serve.gov) to help you do your part. America's foundation will be built one community at a time – and it starts with you. <http://serve.gov/>